

# Bottle instructions for daycare

How to prepare this baby's bottles. Fill it in and hand it over.

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## THE BASICS

Baby's name

Date of birth

Formula brand and stage

Scoops per bottle, and to how much water

Usual amount per bottle

Usual number of bottles per day

Water we use (tap, filtered, bottled)

## ALLERGIES, MEDICATION AND ANYTHING ELSE

Allergies or diagnosed conditions

Notes

## HOUSE RULES THAT ARE NOT NEGOTIABLE

- Use only the formula sent with this card. Do not substitute a brand.
- Follow the scoop-to-water ratio above exactly. Scoop sizes differ between brands.
- A bottle the baby has drunk from goes in the bin after 1 hour. Do not refrigerate it.
- Prepared bottles keep 2 hours at room temperature, 24 hours refrigerated.
- Never warm a bottle in a microwave. It heats unevenly and the bottle feels cooler than the milk.

## CONTACT

Parent name and phone

Second contact

Pediatrician

Not medical advice. Consult your pediatrician before changing your baby's formula.

